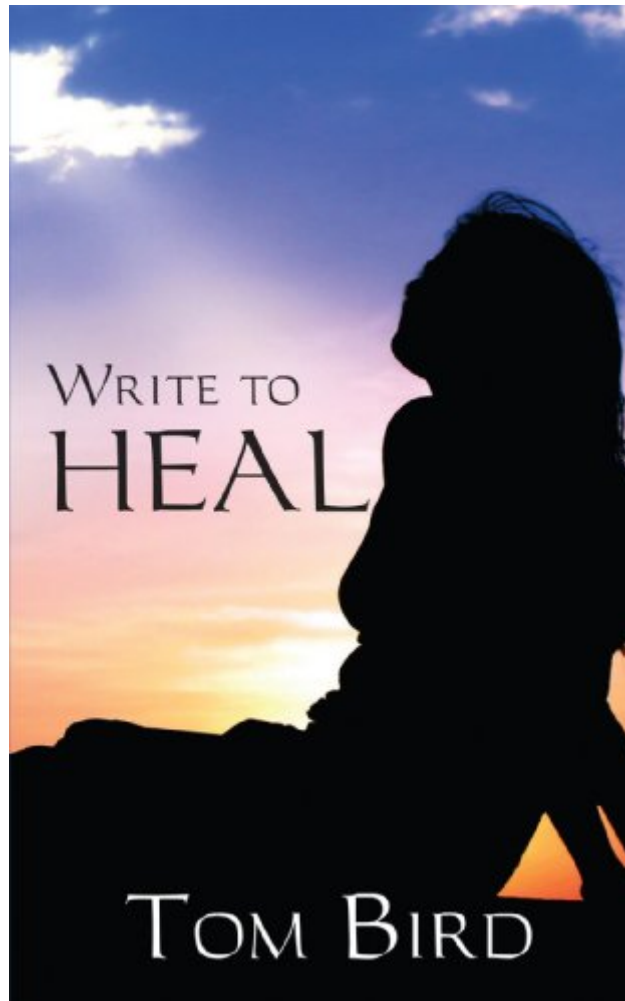




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Write To Heal



Synopsis

In this inspiring book, based on his many years of research, highly acclaimed author and teacher Tom Bird reveals the healing power of writing. Tom shows how anyone can use writing as a way to heal the emotional and physical wounds that are an inevitable part of life. Just writing can bring about a tremendous personal transformation, clearing away old doubts, fears and debilitating issues.

Book Information

File Size: 161 KB

Print Length: 50 pages

Simultaneous Device Usage: Unlimited

Publisher: Sojourn Publishing LLC (October 14, 2013)

Publication Date: October 14, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00FX4CZJM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #617,388 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #69

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Customer Reviews

I had the good fortune to read Write to Heal twice. The first time I spent a week doing the clearing exercises, exploring what I had to release and forgive (myself and others), so that my true Spirit would flow freely in writing and life. It must have worked because the second time I read the book, several months later, I did all of the exercises in one day and there was nothing left to release or forgive. The book offers unique free music for calming the left brain and a very healing approach to helping a writer get in touch with his or her true voice. You'll want to read this book more than once!

I've read cult material that was more insightful and less direct in it's attempt to manipulate you. Only positive thing I can say is congratulations you got my \$.99.

Just a short note so far....I downloaded this to my Kindle Paperwhite and had no trouble adjusting the text size. Not only is the type more than large enough to read, but there is a 1.5 line spacing, which also makes it easy to read. For those who are having trouble with font size -- maybe the type of Kindle makes a difference? I honestly don't know....

I ordered this and sent to my kindle but the letters are tiny even when i try to adjust the font it doesnt change the size.

would be great if you could read it! get the printed book! perhaps it is a pdf book--no matter what you do, it is less than 4 point font--you can read it maybe with a magnifying glass.

I've grown so much thru releasing writing blocks I did not know I had. This tiny book is packed full of wisdom for discovering your author within. Highly recommended.

Great book for writers... he has great classes, too!

excellent tool for writers very truth and well small written book extremely helpful....

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